

**Quarter 1**

*July – September 2017*

- The diabetes self-management program (DEEP) has been translated into Mandarin, Korean, and Vietnamese.
- The subcommittee is working on a joint calendar with multiple agencies which will be posted to the California Healthier Living website. The website posting will be in place before promoting programs broadly to clinicians and consumers.

**Quarter 2**

*October – December 2017*

- The subcommittee's goal is to have 700 senior participants complete an evidence-based chronic disease self-management workshop over the 18-month time frame. There have been 334 completers to date (48% to goal), surpassing the 6-month marker of 33% to goal.
- Classes are posted on the [California Healthier Living Website](#).
- The subcommittee has been developing a shared flyer.

**Quarter 3**

*January – March 2018*

- There have been 471 completers since July 1 (67% to goal).
- The subcommittee finalized a shared flyer and will focus on promotion efforts in the next quarter. The flyer is available in [English](#), [Spanish](#), [Vietnamese](#), [Korean](#) and [Mandarin](#).

**Quarter 4**

*April – June 2018*

- There have been 680 completers since July 1 (97% to goal).
- Classes are posted on the [California Healthier Living Website](#).

**Quarter 5**

*July – September 2018*

- The subcommittee's goal is to have 700 senior participants complete an evidence-based chronic disease self-management workshop. The subcommittee has surpassed the 18 month goal with 766 completers since July 1, 2017.
- Classes are posted on the [California Healthier Living Website](#).

**Quarter 6**

*October -December 2018*

- The subcommittee's goal is to have 700 senior participants complete an evidence-based chronic disease self-management workshop. The subcommittee has surpassed the 18 month goal with 909 completers since July 1, 2017.



**18-Month Summary Sheet: Healthcare  
July 2017- December 2018**

- Classes are posted on the [California Healthier Living Website](#).

***For additional information on OCSPA, please visit [www.ocagingplan.org](http://www.ocagingplan.org).***